Achieving Academic Excellence
Department of Mathematics
University of California, San Diego

2016-10-03 (updated 2016-11-17)

How to Look at Higher-Education

- Short-sighted view: Treat each course as stand-alone; only think about grades.

- Long-term view: Seek to learn at deeper level and gain mastery of your subjects; also, understand that faculty opinions about you will impact...
  - what, if any, financial or merit awards they nominate you for
  - what, if any, work opportunities you get informed about
  - what they say in letters of recommendation about you
Academic Maturity?

- Being legal adult does not in itself mean achievement of academic maturity
- This presentation: Advice on achieving academic maturity
- Why academic maturity important?
  - Very competitive to get satisfying career upon graduation
  - Very competitive to get into reputable graduate programs
- Learn what you can do now to be more desirable candidate for future career or graduate programs

Major Requirements

- Be fully aware of official requirements for your major. (See UC San Diego General Catalog at catalog.ucsd.edu)
- Be fully aware of official requirements of your college and the campus. (See UC San Diego General Catalog)
- Always have tentative plans of coursework, internships, etc. for next 12 months
- Choose electives that will help you reach future goals, not just what is easiest or what fits your schedule
Workload

- Be ambitious without taking on greater load (coursework, employment, internships, and other obligations) than you can handle

- Learning to manage greater responsibility is good, but attempting too much simultaneously leads to low grades, poor health, discouragement

Prerequisite Material

- You need excellent, present-day comprehension of prerequisite content before taking next course

- If too much time passed since prerequisite course(s) taken, responsibility is yours to spend several weeks intensely brushing up before next course begins
Syllabus

- Completely, fully read syllabus at start of each new class. ("Glancing at" ≠ "Reading")
- Be clear on your responsibilities as described in syllabus
- If you have questions, need clarity on syllabus, or want to disclose information, meet with instructor in timely manner— not up to instructor to read your mind

Preparation for Class Meetings

- Spending 15+ minutes before each class meeting reviewing last lecture(s) and previewing textbook’s terminology, graphs, methods, concepts to be learned in lecture; this makes new information easier to digest during class
- You might not grasp everything during lecture, but if you copy from board with no understanding of content, you’re just being a stenographer
Attendance & Comportment

- Regularly, punctually attend all lectures and discussions in their entirety
- Bring textbook, past notes, handouts, and homework to class
- Turn down (preferably off) and put away personal electronic equipment before entering classroom
- Be attentive and involved during class
- Treat learning as active process, not spectator activity

Note-Taking

- Stay focused during class; do not get distracted
- Take ample notes of what instructor says and puts on board/screen
- Be careful with assuming you will remember something; new information not used is easily forgotten
- Caution: Taking notes is virtually pointless if you make no future use of them.
Homework

- Attend to homework as soon as possible after class
- Before starting exercises, use class notes and textbook to grasp concepts; seek to understand (not just memorize) terminology/concepts
- Objective of homework is to learn, not just get correct answers; before looking at answer in back of textbook or giving up, have you done your absolute best?
- Reflect on what you gained from each problem solved. What did author(s) want you to learn?

Assignments in General

- If you satisfy minimum requirements for assignments, you have done least acceptable work
- In life, do not be satisfied with doing minimum
- In your future professional life, do you want to be known as the person who habitually does the least?
- Endeavor to learn more from assignments by exceeding minimum expectations in meaningful ways
Learning Materials

- Do not always limit yourself to required learning materials
- In addition to assigned reading material, sometimes good to consult other reputable sources to expand and deepen knowledge
- Different authors' ways of explaining something may increase your curiosity and lead to greater learning

Test Preparation (1/2)

- Rather than trying to memorize everything, focus on understanding — easier to remember what you understand
- Memorization alone of minimal value during testing; you must understand and be able to reason when doing test problems
- Make most of review opportunities in class and office hours
- If attending class, paying attention, doing homework, you should be able to anticipate some test problems, and use reasoning to solve unfamiliar ones
- Emulate test setting (no notes/textbook/calculator; limited time) when doing practice problems in preparation for test
Test Preparation (2/2)

- Small study group of responsible, motivated people may be useful when studying for tests; each person in group can take turn solving a problem at board without notes/textbook

- Caution: Watching someone else solve a problem is no substitute for doing it yourself

- If you can solve problem in full detail before your peers and teach it to them, you probably understand it

- Consider how you would solve similar problem on test if information were changed or if problem were tougher

Standards

- As you progress in your education, standards you are held to should be increasing

- Learn all you can about your subject, other academic themes, and how to professionally communicate (orally & in writing)

- Get prompt help if scoring less than 80% on any graded work

- Do not wait for others to set expectations for you

- Set your own high standards...

...and then work hard to exceed them
Learn from Faculty Members and Teaching Assistants

- Most professors and TA’s are glad to help if you are responsibly doing your best.
- Occasionally visit past professors to show your progress in reaching your goals.
- Can use office hours to talk about future courses, majors and career options, research, practical uses of theory.
- Excellent forum for building professional relationships: Dine-with-a-Professor and Coffee-with-a-Professor programs; (see your college student affairs office for details).

Assistance from Other Campus Professionals

- Waiting until end of term to seek help that was needed weeks earlier is irresponsible; if you want help, ask for it... and express appreciation when received.
- Come prepared to meetings with advisors/faculty with any reading and/or completion of forms done neatly and thoroughly in advance; bring pen/paper to take notes; do not rely on memory of things discussed.
- Know the curriculum for your major. (See campus General Catalog at http://www.ucsd.edu/catalog/curric/MATH-ug.html). Take initiative to plan your future coursework and ask advisors to review what you come up with.
Interpersonal Skills

• While you are in school, learn to communicate *professionally*
• Professional communication:
  - In person or by telephone, greet and address people by name and identify yourself
  - In email, address recipient(s) by name and identify yourself; use complete sentences with proper punctuation/spelling
  - Use precise language; avoid slang, embellishing/exaggerating
• Do your best to maintain good hygiene (including breath, underarms) and grooming; wear clean clothes

Personal Time

• Reduce time on frivolous social media; every day spend time pursuing best educational profile you are capable of, learning about world, getting to know people you can learn from
• Weekly: ⊗ Learn all you can about your field of interest, career paths, occupations you might want; ⊗ search for and work toward internships or research opportunities
• Post-secondary academic record is permanent; make most of your time at UC San Diego so your record is impressive; how you spend time here will impact rest of your life
Extra Opportunities

- If you are excellent student, there may be Honors project, conference presentations, training at practical worksites (internships) or research work you could do
- Always be thinking 5 years ahead and planning
- Advisors, TA's, and faculty members glad to help, but do not wait for them to tell you what to do; your future is your responsibility to take lead in
- End your schooling with record showing you far exceeded minimum requirements of major

Major

- Choose a major for well-thought, sensible reasons
- A major may sound interesting and exciting, but do you really know what it is like to work in fields related to it?
- Have you actually talked to people working in jobs that interest you?
- Faculty members and people who are (or have been) in your desired occupation(s) can advise you; take initiative now to meet with and learn from them
Degree

- Even if a major is right for your interests and future plans, is undergraduate degree sufficient for career path you want?

- Some majors unlikely to lead to satisfying employment without at least one graduate degree

- Do not wait until graduation to start exploring this. Find qualified people now and get their advice. Start with faculty members, department advisors, campus Career Center.

- Do not underestimate value of internship or research work as complement to your academic accomplishments

Understand Your Institution

- Learn how your environment (campus, workplace, etc.) functions; read all that you can; ask questions

- At UC San Diego, every undergraduate student has college advisors and department advisors. Do you know which advisors to see for what issues?
Giving Your Best Effort

- Easy to apply yourself when doing things you enjoy
- Test of character is striving to do absolute best with responsibilities you dislike and learning material that does not interest you, but that you need to learn
- Be in habit of doing your best even when no one sees
- Realize that life is not always enjoyable; even a satisfying career is sure to have unenjoyable parts

Missteps

If you do something wrong...

1. Learn from it;
2. Take responsibility by correcting yourself and making amends with others as appropriate; and
3. Avoid repeating it.