We're Hiring Forward Thinkers

Looking to transform tomorrow, today

Leidos is hiring forward thinkers. We're a company with over 40 years of elevating careers and solving national security, health, and infrastructure problems in ways no one else can. We're on the cutting edge of cyber network protection, taking on cancer at a genetic level and re-engineering America’s critical infrastructure. Leidos offers internships and is currently seeking problem solvers for entry-level positions in:

- Computer Science
- Computer Engineering
- Electrical Engineering
- Cybersecurity
- Mechanical Engineering
- Aerospace Engineering
- Systems Engineering
- Biological Sciences
- Civil Engineering
- Business

Help tackle the biggest problems in national security, health and infrastructure today, to transform the world tomorrow and make the world a better place for generations to come. Apply today.

jobs.leidos.com

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Not sure what to say? Fill this out and practice your pitch with us!
TRITON TIP: Take a free personality/career assessment at: ucsd.woofound.me
Login to your Port Triton account to take the MBTI to learn more about your personality and career options. Cost is: $35.

2. Based on personality preferences, what career ideas seem to be developing?
3. Using WOOFOUND, what are the salary, KSAs, and job search tools you should know?
4. What were some key takeaways learned?

Based on the results of your personality assessment and write down your responses to the prompts below:

What was your MBTI reported type &/OR your WOOFOUND personality type?
What Are Your Strengths?

Clifton StrengthsFinder® THEMES

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What Are Your Strengths?

To take the StrengthsFinder® online assessment, go to www.gallup.com/leadership.
How Do You Apply Your Strengths?

Using the CliftonStrengthsFinder, discover where your strengths are and how they show up in each domain area.

1. Which domain is most dominant for you?

2. In which domain are you least dominant?

3. Are your colleagues/faculty/peers aware of your talents and strengths in this domain? If so, how?

4. Have you been "blind" to any of your less dominant domains? If so, how?

What Are Your Strengths?

How do your strengths show up in each area below?

- Executing
- Influencing
- Relationship Building
- Strategic Thinking

- Achiever
- Arranger
- Belief
- Consistency
- Deliberative
- Discipline
- Focus
- Responsibility
- Restorative

- Activator
- Command
- Communication
- Competition
- Maximizer
- Self-Assurance
- Significance
- Woo

- Analytical
- Context
- Futuristic
- Ideation
- Input
- Intellection
- Learner
- Strategic

- Connectedness
- Developer
- Empathy
- Harmony
- Includer
- Individualization
- Positivity
- Relator

- Leadership
- Learner
- Mediator
- Negotiator
- Referee
- Self-Assurance
- Significance
- Woo

- Analytical
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- Futuristic
- Ideation
- Input
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- Strategic

- Connectedness
- Developer
- Empathy
- Harmony
- Includer
- Individualization
- Positivity
- Relator

- Leadership
- Learner
- Mediator
- Negotiator
- Referee
- Self-Assurance
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- Analytical
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- Futuristic
- Ideation
- Input
- Intellection
- Learner
- Strategic

- Connectedness
- Developer
- Empathy
- Harmony
- Includer
- Individualization
- Positivity
- Relator
Are You Career Ready?

1. Exploring
2. Developing
3. Advancing
4. Mastering

Next steps in the career development process are still being determined.

Can describe at least one thing that I plan to do to advance myself towards my career goal with SMART goals known.

Can describe 1 to 3 things I have accomplished and/or completed toward achieving my goal(s).

Can list a professional objective.

Can list at least one job title I am interested in.

Can list 1-2 professional objectives and have a basic understanding of how my interests/skills/talents are a good fit for my desired career of choice.

Can list 1-2 careers and demonstrate reflection on how to match my interests, skills, personality and/or values to the industry of choice.

I am not able to identify any past or current skill building experiences.

Have completed 1-2 skills building experiences (volunteer, leadership, internships, etc).

Have successfully completed 1-4 experiences and accomplishments and can articulate the experiences orally.

Can describe multiple internships/job search strategies and demonstrate understanding of the job search process.

Have not yet developed effective marketing materials (resume, cover letter, LinkedIn, Portfolium, etc).

Have developed marketing materials and have had them reviewed by career advisor, career peer, faculty, staff, or mentors.

I am able to integrate resume/cover letter/ & electronic documents as a unified marketing suite.

Have completed well defined cover letter, resume, position analysis, reference sheet, LinkedIn, Portfolium.

Have completed career tool kit.

Able to state 1-2 resources on how to research benchmark salaries for the desired position.

Able to articulate skills valued and gained to the employer.

Able to advocate for standard salary and basic compensation needs.

Able to communicate a desired salary range along with negotiable factors—vacation, flexible schedule, transportation, housing subsidy, wardrobe allowance, title, etc.

30 second elevator pitch still needs to be developed on skills, interests, and/or values.

Can introduce and describe some professional goals, interests, and/or values.

Can introduce and describe professional goals, interests and value, but cannot make an effective connection with the field of interest position/employer or graduate school.

Demonstrate reflection while introducing self and describing professional goals, interests, and values while making a connection with the field of interest position, employer.

I know what I need to do to get relevant experience for my industry of choice.

I know how to effectively market myself to industry/graduate schools.

I feel confident with my negotiation practices.

I know how to effectively advance myself through networks of people.

I have a career plan with SMART goals.

I know my professional objective and know how to give an effective elevator pitch.

I know what I need to do to get relevant experience for my industry of choice.

I have a career plan with SMART goals.

I know my professional objective and know how to give an effective elevator pitch.

I know what I need to do to get relevant experience for my industry of choice.

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I have a career plan with SMART goals.

I know my professional objective and know how to give an effective elevator pitch.

I know what I need to do to get relevant experience for my industry of choice.

I have a career plan with SMART goals.
RESUME RECOMMENDATIONS

Identify keywords from job description and incorporate them into your resume

Review the job description to identify skills that are relevant to the position you are seeking

Highlight coursework that is relevant to the job you are seeking

__________________________________ + ____________________________________________________________________________

ACTION PROJECT
RESULT

PRO
ACTION
CAREERTOOLS.UCSD.EDU

__________________________________ + ____________________________________________________________________________

LEADERSHIP EXPERIENCE

Undergraduate Accounting Society, UC San Diego, CA

President/Founder, (3/xx-1/xx)

Developed campaign to increase student membership by 30%

Served as a student representative on the UC San Diego Business Quarter Planning committee

Planned fundraising event for 500 participants resulting in $3000 donation to the Red Cross

For more examples of resume/work experience

Bullet points should address your bragging or “wow” points for skills/competencies/specialized knowledge you could bring to the position.

Practice writing bullet points using the Action + Project + Result (APR) equation

Avoid personal pronouns

Don’t include an objective, it is important they are to the job description

Bullet point examples:

- Spearheaded a dated practice
- Communicated with brokers, improving communication between various constituencies
- Prepared and presented a report on the impact of changes in regulatory frameworks
- Collaborated with the Career Services Center to organize the rst annual Meet the Firms event
- Created a new online platform for students to access career resources

The resume template is not shown in the image, but it includes sections for contact information, education, and experience. The resume worksheet is available for use to help create a polished and effective resume.
Cover Letter Instructions

a) Address the cover letter to a specific person.
b) State the position you are applying for, how you found the position, and why you want to work for this company.
c) Discuss your experiences and skills as they directly relate to the job description.
d) Restate your qualifications, express interest in interviewing and thank the reader for their time.
e) To see more examples of cover letters, check out: careertools.ucsd.edu

January 1, 20xx
Ms. Jane Doe
Senior Associate
Smith & Associates Accounting Group
123 Barbary Lane
San Francisco, CA 94105

Dear Ms. Doe:

I am submitting my resume in consideration for the Tax Intern position with Smith & Associates Accounting Group, as advertised on the UCSD Career Services Center website. Given my background in accounting and extensive leadership experience, I believe this position is a strong match for my skills and career interests.

I developed a keen interest in public accounting while working toward an undergraduate minor in accounting at Rady School of Management. Specifically, my class in Intermediate Accounting allowed me to develop a solid foundation preparing and interpreting accounting information under both RASB and IASB guidelines. As a result, I will be ready to sit for the CPA exam upon graduation. In addition to my academic training, I bring to the position strong interpersonal, communication and leadership skills. My experience as President of the Undergraduate Accounting Society has provided me with the opportunity to successfully lead an organization of more than 100 students, while managing all operations of the organization. Combined with the extensive analytical skills that I developed as the Operations Assistant and Trading Intern, these qualifications make me well-suited to work for Smith & Associates Accounting Group.

As a proven leader, team player and problem-solver, I feel my skills and experience make me an ideal candidate for the Tax Internship position. I would welcome the opportunity to interview for the position, and hope to hear from you soon. Thank you for your time and consideration.

Sincerely,

Your Name

CUSTOMIZE YOUR RESUME & COVER LETTER

Instructions:

Highlight all of the action words that you could include in your resume and cover letter from the job description below.

Analyzing the Job Description

Organization: SD Accounting Group
Position: Tax Intern

Duties & Responsibilities:

- We currently have exceptional learning opportunities for tax interns.
- Work with a team of experienced accountants to serve our clients.
- As part of the tax team, you will:
  - Participate in a project to improve the tax effectiveness of a supply chain structure
  - Assist with tax due diligence on behalf of a private equity firm
  - Assist in preparing tax returns for clients

Qualifications:

- Pursuing undergraduate degree or minor in Accounting with a minimum GPA of 3.25
- Strong analytical skills, written/verbal communication skills, and demonstrated leadership
- Solid working knowledge of MS Office programs

Instructions:

Fill out below ideas for things to include for each of the prompts.

Opening Paragraph

State the position for which you are applying; how you found out about it; and ask for consideration based on the skills and experiences you have to offer.

If referred by someone, indicate by whom.

Summarize the skills and experiences that make you qualified for the position.

Middle Paragraph(s)

In this section you want to build a connection between your background and the company’s needs. Focus on your skills, education, and experiences as listed on your resume. Emphasize your strongest attributes that relate to the position for which you are applying. If you have any experience or education directly related to the position then highlight it here so the reader can look for it in your resume.

Closing Paragraph

Restate your interest in the position and demonstrate how your unique qualifications fit the position.

Indicate that you would like to meet with them to discuss your qualifications further. Thank the reader for his/her time and consideration.

YOUR NAME

Address | Phone | student@ucsd.edu | LinkedIn
Create your Portfolium today at myportfolium.ucsd.edu

Portfolium is a great online resource that brings your resume to life and is a part of the Engaged Learning Tools suite. Showcase your experiences in an interactive online platform that allows employers and graduate schools to learn about the experiences and competencies you've gained while at UC San Diego.

1. Identify classroom projects, leadership experiences, internships, volunteer experiences and/or research opportunities to upload to your Portfolium account.
2. Check out the jobs/internships pages and submit your resume and Portfolium projects to the company you're interested in interviewing with.
3. Applying to graduate school? Share your Portfolium entries with the people writing your letters of recommendation so they can learn more about your accomplishments/experiences at UC San Diego.
4. Merge your Portfolium account with your LinkedIn account. Additionally, include your Portfolium unique URL in your resume and cover letter. Feel free to also include it in a email signature so all people can view the great projects you've completed.

HOW TO MAKE AN ENTRY

1. TOOLS for the journey
2. THINGS to get you started
3. CAMPUS INVOLVEMENT
4. SCHOOL & PROFESSIONAL WORK

LinkedIn & Portfolium | Marketing Yourself

MARKETING SOCIAL MEDIA

WHAT TO INCLUDE IN YOUR SOCIAL MEDIA MARKETING PROFILES?

1. Your professional profile picture
2. Your cover photo
3. Your professional tagline
4. Your resume
5. Your professional experiences
6. Your education (courses taken, degrees, licenses)

We recommend sharing your Portfolium with others.

CAMPUS INVOLVEMENT

Joining clubs, finding inspiration, making connections, completing co-curricular transcripts.

SEEKING INTERNSHIPS

Following companies, applying to internships, attending career fairs.

SEEKING CAREER/JOB SEARCH

Interviewing, letters of recommendation, attending career fairs.

GIVING BACK

Staying connected, donating to schools, projects, departments.

What to include in your social media marketing profiles?

- Class assignments, research/group projects
- Work samples from jobs or internships (non proprietary)
- Evidence of technical skills
- Evidence of soft skills
- Workshops/seminars/conferences
- Academic honors, degrees, certifications, licenses

Tagged Teammates—Be a team player and tag collaborators, groupmates & friends you worked on a project with.

Skills/Clickable Credentials—Allow employers to easily click into the skills you've listed in your entries & access instant proof of your talent!

Hashtags—Use hashtags as to describe your portfolio entries & make them easily searchable!

1. Add more details
2. Interests, activities, volunteer

ADDITIONAL OPTIONS

- Learning of a new skill or language
- Nonprofit/charity work & travel experiences
- Photos from events you've coordinated
- Special training or independent study
- Self taught learning
- Learning of a new skill or language

INTERESTS/ACTIVITIES/VOLUNTEER

- Class assignments, research/group projects
- Work samples from jobs or internships (non proprietary)
- Evidence of technical skills
- Evidence of soft skills
- Workshops/seminars/conferences
- Academic honors, degrees, certifications, licenses

OTHER PROJECTS

- Upload work samples in multiple formats and stored on other platforms
Employers use behavioral-based questions to assess candidates’ ability to perform in the job. When responding to behavioral-based questions, the candidate must clearly identify a challenge, describe the action taken to overcome the challenge, and provide the results of the action.

1. CHALLENGE
Describe the initial challenge that you solved and/or planned to overcome.

2. ACTION
Describe the action or steps taken to solve the problem. Focus on what you did specifically.

3. RESULT
What was the outcome? Benefits? What did you learn? Did you gain any insights?

**Example**

**NOW YOU TRY**

**1. CHALLENGE**
Describe the initial challenge that you solved and/or planned to overcome.

“Tell me about a time that you used teamwork to solve a problem.”

“Rather than give up, I coordinated a brainstorming session to identify potential funding sources. We decided to collaborate with other student organizations, contact local businesses for donations, and reach out to alumni members.”

**2. ACTION**
Describe the action or steps taken to solve the problem. Focus on what you did specifically.

“Here’s a response to a typical interview question: “Tell me about a time that you used teamwork to solve a problem.”

“With collaboration, I was able to secure funds to pay for the ice cream social while incorporating alumni networking to make it more rewarding. As a result, new members felt welcomed and motivated to join our organizations.”

**3. RESULT**
What was the outcome? Benefits? What did you learn? Did you gain any insights?

“With collaboration, I was able to secure funds to pay for the ice cream social while incorporating alumni networking to make it more rewarding. As a result, new members felt welcomed and motivated to join our organizations.”

**INSTRUCTIONS:**

1. Go over the written and video curriculum to learn best practices in interviewing.

2. Record yourself answering questions.

3. Try out the interview roulette and see if you’re able to answer all of the big interview questions with ease.

4. Send and share your recorded videos for feedback with family, friends, faculty, staff & mentors.

**Top 10 Interview Best Practices**

1. Research the company and review the job description before the interview.
2. Identify your top skills and experiences relevant to the position.
3. Complete a practice/mock interview prior to the actual interview.
5. Bring copies of your resume/references to the interview.
6. Arrive 10-15 minutes before the interview, turn off your cell phone, and go alone.
7. Be specific and provide examples in your responses.
8. Ask 2-3 questions when they ask for questions at the end.
9. Collect business cards of the individual(s) who interviewed you.
10. Send a thank you note within 24 hours of the interview.

**INSTRUCTIONS:**

1. Go to the learn ---> click on either written or video curriculum ---> watch or read the materials in the library.
2. Go to practice ---> practice interview---> pick your categories ---> click allow camera ---> press record ---> press stop ---> press save.
4. Go to mytools ---> press my videos ---> click on the videos you want to share by click the box next to the icon ---> press the share button at the bottom of page ---> put in the email addresses of people you want to share ---> press send.
Informational Interviews | Questions to Ask + Reflection

1. Before the Interview
   - Do Your Research
     - Do initial research to gain a basic understanding of the occupation or field.
     - Target a Professional
       - Start with friends, family, Career Services Center Staff, professors & AAN.
       - Use LinkedIn, AAN, and professional associations to connect with alumni or others in the industry.
   - Contact
     - Request an appointment via phone/email.
     - Be specific with your request and flexible with your availability.
     - Respond promptly and stick to agreed meeting date.
   - Prepare & Impress
     - Confirm appointment, dress appropriately, know where you’re supposed to be, and show up on time.
     - Have questions ready and take light notes.
     - Thank them for their time and send a thank you note or email within 24-48 hours.

2. During the Interview
   - Take Notes
     - Write the key points, issues, opportunities and challenges.
     - Make notes on the rewards and drawbacks of the job.
     - Note key strengths, ask, and compare to yourself.
     - Consider the most important things I should know about your role.
     - Name | Organization | Contact Info | Date

3. Who did you contact?
   - What did you learn & what are your next action steps?

Questions to Ask...

- How would you describe a typical day or week in your role? What key strengths, skills, and abilities do you use to succeed in your position?
- What experiences are most helpful for successful preparation for (or transition into) this field or position?
- What are the rewards and challenges of this position?
- What are the key trends, issues, opportunities and challenges you see?
- What are the most important things I should consider as I learn more about this field?
- What other resources or people should I connect with or learn more about?
- Would you be willing to refer me to other people willing to help me in my research and exploration process?
Dress to Impress

Take what you wear to the interview seriously. Each industry has its own dress code that can be determined through researching the organization’s culture before the interview, or simply asking the recruiter what is the appropriate interview attire. The level of formality you project is interpreted by the interviewer to show that you understand the importance of the situation and respect the person you are meeting.

When in doubt, it is better to dress more conservative than casual.

Women

- Make-up & Jewelry: Make-up should be minimal, with lipstick and nail polish in conservative tones. Minimize use of colognes or perfumes.
- Hair: Get a haircut; short hair always fares best in interviews. Your facial hair should be neatly trimmed.
- Suits: The standard job interviewing attire for women is a dark navy, black or gray panted/skirted wool blend suit.
- Blouses: Blouses should be cotton or silk and should be white or some other light color.
- Pants/Skirts: The pant leg bottom in the front should touch the front of the shoe and angle towards the back of the shoe to fall just above the heel. Skirt length should be a little below the knee and never shorter than above the knee.
- Shoes/Hosiery: Clean and polished dress shoes with closed toes and a conservative heel. Panty hose should be flawless (no runs) and conservative in color.

Men

- Make-up & Jewelry: Make-up should be minimal, with lipstick and nail polish in conservative tones. Minimize use of colognes or perfumes.
- Hair: Men
- Suits: The standard job interviewing attire for men is a dark navy or gray two-piece natural fiber, wool blend suit.
- Tie: Your tie should be darker than your shirt with a conservative pattern and should not extend below the belt.
- Shirt: Choose a good fit, neatly pressed dress shirt with a conservative pocket and collar not extended.
- Pants: The pant leg bottom in the front should touch the front of the shoe and angle towards the back of the shoe to fall just above the heel.
- Shoes & Socks: Clean and polished dress shoes are recommended. Wear with dark colored socks over the calf.
Journal Prompts | Is Graduate School Right for You?

**1. Goal Setting**
Write down your thoughts below...

**2. Research Options**
Research appropriate resources (LSAC, AAMC, ADA, AACP, MBA, etc)

**3. Self-Reflection**
Consider the following:
- What are my long-term and short-term goals?
- What skills do I already have?
- What skills do I need to enlarge or enhance?
- How do others perceive me and my work?
- What kind of work do I find meaningful?
- What things motivate me?

**4. Goal Setting**
Consider volunteering, involvement in organizations, shadowing professionals, internships, part-time work

**PREPARE**
Meet with professors and other professionals in the field(s) that interests you to learn more about the field and possible recommendations for programs

**Research, teaching, and internship opportunities**

**Collect Letters of Recommendation**
As you network and work with professors, professionals and mentors

**Create your resume**
- Develop it as your experience and academic career progresses
- Enlarge or enhance skills

**PAY DOWN**
Paying down credit card and/or undergrad debt

**APPLY**
Prepare and take appropriate standardized exams for admission into graduate or professional program (i.e. GRE, LSAT, GMAT, MCAT, PCAT, DAT, VACT, OAT, AHPAT, etc)

- Application fee(s)
- Supplemental or optional application material (depends on program, not all have supplemental)
- Resume
- Writing sample (for PhD programs and some masters programs)
- Statement of Purpose or Personal Statement (see CSC resources for difference)
- Online application form

**Funders and financial support**
- Funding opportunities and financial support
- Official transcripts from all higher education institution attended
- Official scores from standardized exams (i.e. GRE, LSAT, GMAT, MCAT, PCAT, DAT, VACT, OAT, AHPAT, etc)
- Open an interfolio account if appropriate for type of graduate/professional program (optional)

**APPLICATION MATERIALS**
- Research application deadlines and required material for each program
- General application material for most graduate and professional programs (check each program for specifics as not all will apply):
  - 7-8 months before deadlines
  - GRE, LSAT, GMAT, MCAT, PCAT, DAT, VACT, OAT, AHPAT, etc
  - Letter of recommendation
  - Official transcripts from all higher education institution attended
  - Writing sample (for PhD programs and some masters programs)
  - Statement of purpose or personal statement (see CSC resources for difference)
  - Online application form

**TICKET TO THE FINISH LINE**
- Tours at schools you applied
- Interview or take campus
- Complete supplementary
- ✓
- ✓

**NOTE:** Law school applicants apply through LSAC but must also check specific programs for additional information

**Receive a decision**
- Costs of one decision
- Opportunity costs
- What are the investments in my field and which will most benefit my goals?
- Obstacles and challenges
- What will I do if I am rejected?
- What are my next steps & options?
- What can I do without a graduate or professional degree?

**BECOME INVOLVED IN...**
- Learn a new culture or language
- Enlarge or enhance skills
- Do you have a clear purpose for attending graduate school?

**Sample Timeline**

**MATCH Day**
- Visit the Career Services Center to explore career goals and preparation for graduate and professional school

**APPLICANTS TO PHASE OUT DEBT**
- Pay down credit card and/or undergrad debt
- Consider volunteering, involvement in organizations, shadowing professionals, internships, part-time work

**Journal Prompts**
- What is my clear purpose for attending graduate school?
- Why am I applying to graduate school?
- What are my long-term and short-term goals?
- What are my skills?
- What is my academic background?
- Why apply to graduate school?
<table>
<thead>
<tr>
<th>Test</th>
<th>Required for:</th>
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<tbody>
<tr>
<td>MCAT</td>
<td>Allopathic Medicine</td>
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<tr>
<td></td>
<td>Osteopathic Medicine</td>
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<tr>
<td></td>
<td>Podiatric Medicine</td>
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<tr>
<td></td>
<td>Emergency Medicine (nurse critical)</td>
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<td></td>
<td>Required by:</td>
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<tr>
<td></td>
<td>EMS, fire fighters, law enforcement</td>
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<tr>
<td></td>
<td>Do I want to be on-call, deal with</td>
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<td></td>
<td>medical emergencies, and work 60+</td>
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<td></td>
<td>hours/week?</td>
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<td>Would I prefer a more balanced</td>
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<td>lifestyle?</td>
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<td>How well do I manage stress?</td>
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<tr>
<td>LSAT</td>
<td>Required for: Law School</td>
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<tr>
<td>Human Anatomy</td>
<td>BILD-X13 (UC Extension)</td>
</tr>
<tr>
<td>Medical Microbiology</td>
<td>BIMM 124</td>
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<tr>
<td>Medical Sociology</td>
<td>BIEB 103</td>
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<tr>
<td>Psychology</td>
<td>PSYCH 60, 100</td>
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<tr>
<td>General Chemistry</td>
<td>CHEM 6a, b, c</td>
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<tr>
<td>Introduction to Biology</td>
<td>BILD 1, 2, 3</td>
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<tr>
<td>General Psychology</td>
<td>PSYCH 1-7 (select one)</td>
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<tr>
<td>Biochemistry</td>
<td>CHEM 140a, b, c</td>
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<tr>
<td>Genetics</td>
<td>BICD 100</td>
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<tr>
<td>Cell Biology</td>
<td>BICD 110</td>
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<tr>
<td>Organic Chemistry</td>
<td>CHEM 140a, b, c</td>
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<tr>
<td>Human Physiology</td>
<td>BIPN 100</td>
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<tr>
<td>Calculus</td>
<td>MATH 10a, b, c</td>
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<tr>
<td>Statistics</td>
<td>MATH 11, 12</td>
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<tr>
<td>General Chemistry</td>
<td>CHEM 6a, b, c</td>
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<tr>
<td>Introduction to Biology</td>
<td>BILD 1, 2, 3</td>
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<tr>
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<td>General English</td>
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<td>Calculus</td>
<td>MATH 10a, b, c</td>
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</table>

**WHAT**

1. What kind of healthcare do I envision for myself? Is a career in healthcare right for me?
2. How did I arrive at my career decision?
3. Do I have a strong scientific aptitude? Am I comfortable with this setting?
4. What kind of work environment do I want to work in? Would I enjoy a lab setting or a classroom setting? Would I prefer a more balanced lifestyle or a more demanding one?

**HOW**

- Explore health careers
  - www.explorehealthcareers.org
- Visit the AAMC site at www.aamc.org
- Find information about specific programs and careers

**WHY**

1. Why health? Is a career in healthcare right for me?
2. Am I ready for a career in healthcare? Have I taken the necessary steps to pursue this career?

**ASSESSMENT**

1. **ASSESSMENT**
   - GMAT
   - GRE
   - LSAT
   - MCAT
   - DAT
   - PCAT
   - TEAS
   - NHA
   - TEAS

2. **ASSESSMENT**
   - Assessment of health professions
   - Assessment of academic aptitude
   - Assessment of scientific aptitude
   - Assessment of technical skills
   - Assessment of communication skills
   - Assessment of leadership skills

3. **ASSESSMENT**
   - Assessment of healthcare knowledge
   - Assessment of healthcare skills
   - Assessment of healthcare experience

4. **ASSESSMENT**
   - Assessment of personal qualities
   - Assessment of personality traits
   - Assessment of motivation

5. **ASSESSMENT**
   - Assessment of career readiness
   - Assessment of career planning
   - Assessment of career development

**FINANCIAL**

1. **FINANCIAL**
   - Cost of healthcare education
   - Cost of healthcare training
   - Cost of healthcare certification

2. **FINANCIAL**
   - Financial aid and scholarships
   - Grants and loans
   - Scholarships and internships

3. **FINANCIAL**
   - Cost of healthcare services
   - Cost of healthcare procedures
   - Cost of healthcare equipment

4. **FINANCIAL**
   - Cost of healthcare facilities
   - Cost of healthcare facilities
   - Cost of healthcare facilities

5. **FINANCIAL**
   - Cost of healthcare facilities
   - Cost of healthcare facilities
   - Cost of healthcare facilities
To learn more about the health professions preparation materials go to: prehealth.ucsd.edu
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<th>Length of Training</th>
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<td>Stanford University</td>
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<td>4 years</td>
<td>$66K</td>
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<td>GPA 3.8</td>
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**Notes:**
- Costs may vary depending on residency status and type.
- Length of training may vary depending on program and specialty.
- Specific requirements such as GPA and USMLE scores may vary by school.
Graduate Student Resources

Choose from a variety of programs and resources:

- **SPECIALIZED CERTIFICATE IN LEADERSHIP AND TEAMWORK**
  Develop essential soft skills to help you excel in a working environment.

- **COMMUNICATION SKILLS DEVELOPMENT WORKSHOP**
  Develop the ability to communicate your research.

- **GSA CAREER NIGHTS**
  Engage and network with industry leaders.

- **CAREER SERVICES**
  Assess your strengths and explore career options.

Are you a graduate or postdoctoral student?
Are you beginning to consider your career options?
Industry leaders in the San Diego community insist that leadership, teamwork and communication skills are essential for professional success. GrAdvantage provides a suite of resources that develops these critical skills, giving you the competitive edge in today's workplace.

For more information:
(858) 534-4310 | gradvantage@ucsd.edu

Preparing Scholars for Professional Success

Career exploration and job resources for Master’s & PhD students

General Resources:
- **Advising and workshops**: Make an individual career advising appointment with one of the Career Services Center’s graduate student career advisors, and register for upcoming workshops for graduate students through Port Triton (https://ucsd-symplicity.com/students).
- **PhD Career Guide**: Career exploration resources, podcast and blog, and job board.
- **Chronicle Vitae**: Online career hub for higher-ed professionals; offers news and advice on academic and nonacademic careers, job management dossier service, and job board.
- **The Professor Is In**: Blog and book (The Professor Is In: The Essential Guide to Turning Your PhD into a Job) providing guidance on preparation for the academic job market, including advice on application materials and professionalization.

Resources for Arts, Humanities, and Social Sciences Students:
- **Humanists@Work**: UC-wide initiative for graduate students interested in careers outside/alongside the academy. Website includes blog and career profiles, resources, and information on twice-yearly workshops held at UC campuses.
- **Alt-ac Advisor**: Advice, blog, and additional resources on finding careers outside academia.

Resources for STEM Students:
- **Science Magazine – Careers**: Career articles and booklets, job board, and additional resources. Also contains myIDP, an online skills, interests, and values assessment.
- **NSF Graduate Research Fellowship Program Career & Professional Development**: Website with career development resources, including assessments and career planning guidance for academic and nonacademic jobs.

Resources for STEM Students:
- **NSF Graduate Research Fellowship Program Career & Professional Development**: Website with career development resources, including assessments and career planning guidance for academic and nonacademic jobs.

Go to http://career.ucsd.edu/phd-and-masters-students for more resources and information.
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Genetic Epidemiologist or Computational Biologist: Postdoctoral and Research Fellow training positions are currently available in Dr. Gary H. Gibbons' research program in the Genomics of Metabolic, Cardiovascular and Inflammatory Disease Branch of the National Human Genome Research Institute (NHGRI). The successful candidate will join Dr. Gibbons' multi-disciplinary research team composed of research fellows, staff and students with a range of expertise including: genetics, epidemiology, health disparities research, bioinformatics, systems biology, clinical science, computational biology and molecular medicine. Dr. Gibbons' research program is particularly interested in elucidating the systems biology, bio-social interactions and molecular networks that mediate the predisposition of individuals of African ancestry to cardio-metabolic disorders and cardiovascular complications (hypertension, obesity, cardiovascular disease, and stroke). The conceptual framework of the program seeks to integrate a multi-level approach that incorporates both systems biology and a socio-ecologic model in understanding the multi-dimensional determinants of ancestry-related differences in health and disease. For more details on Dr. Gibbons research program please visit https://www.genome.gov/27557487/gibbons-scientific-summary/. The qualified candidates should be highly motivated and have a doctoral degree with research experience and training in one of the following: genetics, genetic epidemiology, statistical genetics, computational biology, systems biology, bioinformatics, molecular biology or related fields upon the start date in the lab. Previous post-doctoral research experience in these fields is desirable. Interested applicants should submit their curriculum vitae, a detailed letter of interest, and the names of three potential references to Dr. Gary H. Gibbons. Correspondence should be sent to gibbonslab@mail.nih.gov or mailed to: Gary H. Gibbons MD. c/o Adam Davis PhD. Cardiovascular Disease Section Genomics of Metabolic, Cardiovascular and Inflammatory Disease Branch National Human Genome Research Institute Building 10, Room 7N321 Bethesda, Maryland 20892 DHHS and NIH are Equal Opportunity Employers and encourage applications from women and minorities.
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