Suppose I am going down a long straight road, and I want a lot of exercise, so I:

- walk for $\mathbf{2}$ hours, at $\mathbf{3} \mathbf{m p h}$, then
- run for $\mathbf{1}$ hour, at $\mathbf{6} \mathbf{~ m p h}$, then
- jog for $\mathbf{3}$ hours, at $5 \mathbf{m p h}$.

What is my total distance traveled?


In this graph, is there a way to represent my total distance traveled geometrically?

